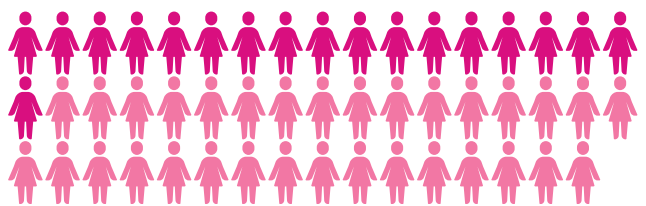


# Hashimoto's Disease

## Fast Facts

**35 in 100**

women are diagnosed with Hashimoto's disease every year.



As many as...

**15 million**

women may have a thyroid problem without knowing it.



**1 in 8**

women will develop thyroid disease during her lifetime.

Women are up to

**10x**

more likely to develop Hashimoto's disease compared to men.

**60%**

of Americans with a thyroid disorder are unaware they have one.



## The modern thyroid epidemic

highlights deeper health issues. It's crucial to be aware of thyroid health, especially given its significant role in women's well-being and the potential for undetected problems.

Women are particularly sensitive and susceptible to the **root causes** affecting thyroid health, which also impacts our overall health as a collective.



Source: <https://www.thyroid.org/media-main/press-room/>

Source: <https://www.niddk.nih.gov/health-information/endocrine-diseases/hashimotos-disease>

Source: <https://avivaromm.com/women-thyroid-health/>